

# OKLAHOMA

## 70 OK Stat § 11-103.9 Physical education programs required for accreditation

Effective July 1, 2019

The scorecard was created as part of a policy toolkit that supports advancing recess in schools through state laws. It was developed by the research team, with input from the advisory board, to provide a starting point for advocates and policymakers seeking to improve recess legislation. A score of “0” indicates that the law requires further development. We recommend first incorporating all essential best practices, followed by any enhanced best practices that are appropriate for your state.

**Oklahoma has a physical activity law which may include recess to meet the weekly minimum.**

BEST PRACTICE	LANGUAGE IN LAW	SCORE
ESSENTIAL BEST PRACTICES		
A. Mandates a time requirement of at least 20 minutes of daily recess	<p>The Board shall require, as a condition of accreditation, that public elementary schools provide to students in full-day kindergarten and grades one through five, in addition to the requirements set forth in subsection B of this section, <b><u>an average of sixty (60) minutes each week of physical activity</u></b>, which may include, but not be limited to, physical education, exercise programs, fitness breaks, recess, and classroom activities, and wellness and nutrition education.</p> <p>The Board shall also <b><u>strongly encourage school districts to incorporate physical activity</u></b> into the school day by providing to students in full-day kindergarten and grades one through five <b><u>at least a twenty-minute daily recess</u></b>.</p> <p><i>Note: Physical activity law and not a recess-specific law, although daily recess is encouraged</i></p>	1
B. Inclusive of all students in grades kindergarten-8	<p>The Board shall require, as a condition of accreditation, that public elementary schools provide to <b><u>students in full-day kindergarten and grades one through five</u></b>, in addition to the requirements set forth in subsection B of this section, an average of sixty (60) minutes each week of physical activity, which may include, but not be limited to, physical education, exercise programs, fitness breaks, recess, and classroom activities, and wellness and nutrition education.</p> <p><i>Note: The law does not include grades 6-8</i></p>	1
C. Prohibits schools from withholding recess	N/A	0
D. Prohibits schools from using recess to fulfil state mandated physical education requirements	<p>The time students participate in <b><u>recess shall not be counted toward</u></b> the sixty-minutes-per-week <b><u>physical education requirement</u></b>.</p>	2
E. Includes specific language on compliance	N/A	0

BEST PRACTICE	LANGUAGE IN LAW	SCORE
ENHANCED BEST PRACTICES		
F. Transition time does not count toward minimum time	N/A	0
G. Requires recess be provided on shortened school days	N/A	0
H. Requires recess to be inclusive for all students	N/A	0
I. Requires recess to be held outdoors	N/A	0
J. If recess is indoors, the law requires there to be adequate space for students to be physically active	N/A	0
K. Prohibits the use of personal electronic devices during recess	N/A	0
L. Requires schools to provide annual professional development opportunities for staff members who lead or supervise recess	N/A	0
M. Requires schools to schedule recess before lunch	N/A	0
N. Requires schools to provide age-appropriate equipment	N/A	0
O. Requires all recess equipment and facilities to meet or exceed safety standards	N/A	0